

# Unit Outline (Higher Education)

**Institute / School:** Institute of Health and Wellbeing

**Unit Title:** PRACTICUM 1

**Unit ID:** PSYCP7004

**Credit Points:** 15.00

**Prerequisite(s):** Nil

**Co-requisite(s):** Nil

**Exclusion(s):** Nil

**ASCED:** 090701

## Description of the Unit:

This unit provides a foundation for professional practice in clinical psychology. Topics covered include counselling skills and clinical interviewing, assessment, case formulation and treatment planning, and ethical and professional issues in the practice of clinical psychology. The role of supervision and self-care in professional practice will also be included. The unit will involve both theoretical and practical learning components. This unit introduces students to practical skills required to be a general psychologist. It begins to prepare students for their internship year prior to general registration as a psychologist through the development of professional identity and reflective practice and will develop practical skills and competencies through activities such as role plays, simulated practice and observation.

**Grade Scheme:** Graded (HD, D, C, P, MF, F, XF)

## Work Experience:

Not wholly work experience: Student is not undertaking work experience in industry or student is undertaking work experience in industry where learning and performance is directed by the provider.

**Placement Component:** Yes

**Supplementary Assessment:** No

Supplementary assessment is not available to students who gain a fail in this Unit.

**Course Level:**

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Intermediate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Advanced	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Learning Outcomes:

On successful completion of the unit the students are expected to be able to:

#### Knowledge:

- K1.** Describe the nature of professional practice in psychology
- K2.** Apply the models of therapeutic practice and clinical intake procedures
- K3.** Compare the theories and models of case formulation and the process of evidence-based treatment planning within the field of clinical psychology
- K4.** Describe the process of psychotherapy and counselling and its function in psychological treatment
- K5.** Evaluate ethical and legal issues related to psychological practice
- K6.** Evaluate, select, and apply cognitive-behavioural interventions in a culturally responsive manner.
- K7.** Identify the implications and risks of the misuse of CBT in clinical populations

#### Skills:

- S1.** Development of clinical interviewing skills with a clear focus on the development of respectful relationships with clients.
- S2.** Demonstrate proficiency in conducting mental status examinations and assessment of suicide risk
- S3.** Demonstrate proficiency in the administration and interpretation of assessment measures
- S4.** Explain and perform skills relevant in the assessment, diagnosis, case formulation, and treatment planning within professional psychological practice
- S5.** Demonstrate the use of strong counselling skills in psychological practice
- S6.** Demonstrate development of critical assessment, evaluation and decision making skills in working with ethical dilemmas

#### Application of knowledge and skills:

- A1.** Evaluate and self-monitor the development of professional skills and knowledge in clinical psychological practice.
- A2.** Engage in supervised professional practice.

#### Unit Content:

Topics may include:

- Legislation and codes of professional practice
- Ethical decision-making processes
- Counselling skills
- Mental Status Exam & Suicide Risk Assessment
- Assessment
- Case formulation
- Treatment planning
- Clinical supervision

- Reflective practice
- Competence
- Self-care

**Learning Task and Assessment:**

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1-K7 S1-S3 A1, A2	Quiz- professional and ethical issues in psychological practice	Test	10-20%
K1, K2, K4, K5 S2-S3 A1-A2	A clinical interview and written formulation	Practical and Written report	50-80%
K1-K7, S1-S6 A1-A2	Log Book	Written Task	10-30%

**Adopted Reference Style:**

APA

Refer to the [library website](#) for more information

Fed Cite - [referencing tool](#)